



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "a Wholly Charitable Trust" U/S. 12A of I.T. Act 1961

Own Building: PENSIONERS' BHAVAN,

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

e-mail: pensionersbhavan@gmail.com

Website : www.kptpa.org

G. Babu

President, Ph.: 23230355, 94480 40355

K.B. Krishna Rao

Secretary, Ph.: 23230545

K.R. Anantha Ramu

Treasurer, Ph.: 23642466

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**Minutes of the 26th meeting of Standing Committee of Voluntary Agencies (SCOVA)
held on 3rd February, 2015 under the Chairmanship of Hon'ble MoS(PP).**

2. At the outset Joint Secretary (Pension) welcomed Hon'ble MoS (PP), Secretary, Pension & Pensioners' Welfare, Representatives of Pensioners' Associations and the participating Officers of various Ministries/Departments. It was stated that SCOVA is a multiparty forum and a platform for sharing views. Under the able leadership of the Hon'ble Minister, the Department will continue to streamline the various policy issues for the benefit of the Pensioners.

3. Thereafter, Hon'ble MoS (PP), Chairman, SCOVA, welcomed all participants to the meeting. He said that presently the number of Pensioners is more than the number of Employees in service. Hence, there is a large pool of experience which can be utilized in a constructive manner. MoS (PP) also mentioned that the Department has been able to effectively deliver on most of what was promised. Fixed Medical Allowance (FMA) has been increased from Rs. 300 to Rs. 500, online grievance monitoring system CPENGRAMS is being used to keep the number of outstanding grievances to a minimum, BHAVISHYA (online pension

sanction and payment tracking system) has been extended to 25 Ministries/Departments. MoS(PP) also stated that the Pensioners' Portal is a part of the e-governance system which is in itself a priority of the present Government. He said that initiative "Sankalp" had immense potential to contribute to the welfare of Pensioners who could continue to contribute to the Society after their retirement. Regarding the issue of agenda points suggested by the various Pensioners' Associations being summarily rejected, it was informed that due importance was attached to all agenda points. However, owing to time constraints some of them are taken up for discussion during the SCOVA meeting and the items which were specific to a particular Department were forwarded to the concerned Ministries/Departments for taking necessary action. Hon'ble MoS(PP) emphasized that each Department should look at the Pensioners as their own responsibility and treat them as their Family Members.

It was pointed out by Pensioners' Associations that there has been delay in

payment of the enhanced amount of Fixed Medical Allowance in several Postal Circles. The instructions of Department of Posts to Postal Circles for accessing the Orders from the website of DoP&PW and send the copies to the Pension Disbursing Offices without delay are not being followed. A suggestion was made that the Heads of Postal Divisions (instead of the designated Officer in Postal Circle Offices) may be authorised to download the relevant Order from the website of DoP&PW and send the copies to the Head Post Offices to effect timely payment to the Pensioners.

4. Thereafter, the Action Taken Report of 25th SCOVA meeting and Fresh Agenda items of 26th SCOVA meeting were taken up for discussion.

5. Discussion on ATR of 25th SCOVA meeting:-

i) SI.No 1 of ATR: Status of issue of revised PPOs to pre-2006 Pensioners.

a) CPAO informed that 29,615 cases were pending for revision. Despite several efforts, no further information was coming forth in respect of the pre-1990 PPOs. They have approached Banks and Pensioners to obtain the missing information. CPAO was advised to hold meetings with individual Ministries and sort out cases issue wise so that solutions could be worked out and the pendency brought down to zero. CPAO was also advised to discuss the issue with Ministry of Railways and Department of Defence who had shown remarkable progress and brought down the pendency to Nil.

(Action: CPAO)

b) One of the Pensioners' Associations intimated that a number of cases were still pending in the Maharashtra Circle Post Offices. The Department of Posts intimated that they would consider delegating authority of revision to Sub-Post Offices. In case of Patiala Circle, date of birth of spouse is not indicated in the revised PPOs. In respect of the comments of other Pensioners' Associations, they were requested to give specific case wherein revised authority has not been issued.

(Action: Department of Posts)

c) The Ministry of Railways informed that only 5000 cases are pending where no records are available and revised PPOs could not be

issued. However, the Pensioners' Association informed that in Firozpur, Ambala and Delhi revised PPOs in some cases have not been issued. Ministry of Railways was therefore asked to reconfirm their figures of revised PPOs.

(Action: Ministry of Railways)

d) Department of Telecommunications informed that as on date 867 cases are pending and out of which 665 cases pertain to BSNL. Necessary action to revise these are being taken.

(Action : Department of Telecom)

e) D/o Ex-Servicemen Welfare informed that revised PPOs have been issued in most of the cases. This was refuted by the Defence Pensioner's Association. Pensioners' Associations were requested to give the list of the pending cases to the Department of Ex-servicemen Welfare, which will take the matter with CGDA. However, CGDA was asked to also reconfirm their figures.

(Action: Ministry of Defence)

Jt. Secretary (P) requested all the Ministries/Departments to issue revised authorities for all pending cases before the next SCOVA meeting so that this item could be closed finally.

On the issue of Pension Adalat, the Associations wanted that they be allowed to represent the cases of the illiterate Family Pensioners. It was clarified that they could very well represent the cases as individuals and not as Representatives of Pensioners' Associations. Pension Adalats were being held regularly by Survey of India for their Organization, and Ministry of Defence were also conducting the same regularly hence the item may be closed.

(ii) SI.No 2 of ATR :- Broad Banding of Disability Element for Pre-1996 cases.

The Department of Ex-Servicemen Welfare informed that the Orders have been issued. The Department was advised to speedily implement the Orders so that the benefit could percolate to all concerned Pensioners, it was therefore decided to close the matter.

(iii) SI.No 3 of ATR:- Health Insurance Scheme for Pensioners including those residing at non-CGHS areas.

The Ministry of Health and Family Welfare intimated that the EFC Memo has been recast

and has been sent to IFD for approval. Ministry of Health and Family Welfare was advised to expedite a decision in this respect.

One of the Pensioners' Associations requested that the prosthesis issued to the orthopaedically disabled may also be considered for insurance for easy replacement/repairs, thus saving expense.

(Action: Ministry of Health & Family Welfare)

(iv) SI.No 4 of ATR:- Dedicated day for Pensioners.

It was pointed out that in the case of Defence Pensioners, though a mechanism had been created in September, 2014 no meetings were held. The Ministry of Defence Representatives were requested to hold regular meetings. Since most of the Departments have set up institutional mechanism for meeting with the Pensioners, the agenda item was closed.

(v) SI.No 5 of ATR :- Special Family Pension for the Widows of Disabled War Veterans.

The Department of Ex-servicemen Welfare informed that the matter is being reconsidered by CGDA. One of the Pensioners' Associations clarified that this issue is only for the War Disabled Veterans invalidated out of service who are very few in number and deserved empathetic consideration. To hasten the process DoP&PW may take up the matter with the Hon'ble Raksha Mantri.

(Action: - D/o of Ex-servicemen Welfare, CGDA and DoPPW)

(vi) SI.No 6 of ATR :-

(a) *The Orders of Ministry of Health reiterating that all the Pensioners are at liberty to opt themselves with any of the nearest CGHS Hospital/ Dispensary may be widely circulated. Arbitrary Orders dated 01/08/1996 and 01/09/1996 issued by Ministry of Health and Director of CGHS may be withdrawn and the benefit of CGHS facilities be allowed to the Pensioners of Department of Posts and Department of Telecom.*

(b) *Medical facilities for existing P&T Pensioners.*

The Ministry of Health and Family Welfare intimated that various issues including the issue relating to extension of CGHS facility to P&T

Pensioners is likely to be considered in a meeting of the Committee of Secretaries to be held shortly. As regards the Orders dated 01.08.1996 and 01.09.1996, Ministry of Health and Family Welfare informed that the matter was still sub-judice.

(Action: Ministry of Health & Family Welfare)

(vii) SI.No 7 of ATR:- Anomaly in fixation of pension to DoT employees absorbed in BSNL, who retired between 1.10.2000 and 31.7.2001.

It was informed that since the last SCOVA meeting, two meetings were held with the Officials of Department of Telecom on 29.09.2014 and 30.12.2014 and Department of Telecom was advised to expedite the details/Reply sought in DoP&PW's ID Note dated 28.02.2014. Department of Telecom informed that the BSNL is collecting the requisite information sought by DoP&PW from Corporate Offices of BSNL/MTNL. Department of Telecom was advised to send a reply to DoP&PW within a fortnight.

(Action: D/o Telecom & DoPPW)

(viii) SI No.8 of ATR :- Merger of 78.2% IDA with basic pension-benefit to the absorbed BSNL Pensioners.

It was informed that the proposal has been approved by Department of Expenditure, in principle. Department of Telecom informed that as per the advice of the Department of Expenditure a Cabinet Note has been prepared and sent to their IFD for approval. Department of Telecom was advised to finalise the draft Cabinet Note and circulate it to the concerned Ministries by the end of February,2015.

(Action: D/o Telecom & D/o Expenditure)

(ix) SI.No 9 of ATR :- Extension of benefit of upgraded Grade Pay to pre-2006 retirees of S-12 grade.

D/o Expenditure had earlier observed that the benefit of grade pay of Rs. 4600/- could not be extended to those who retired from the S-12 Pay Scale before 01.01.2006 as it was an upgraded scale. However, the Department of Expenditure has since sought to re-examine the issue and the relevant file on the issue has been forwarded by DoP&PW to D/o Expenditure for re-consideration on 22.01.2015. D/o Expenditure was advised to expedite a decision in this regard.

(Action: D/o Expenditure & DoPPW)

(x) S.No.10 of ATR :- Extension of benefit of OM dt. 28.1.2013 w.e.f 1.1.2006 instead of 24.9.2012

It was informed that the matter is sub-judice and the next date of hearing of the SLP No 36148-50/2013 in the Hon'ble Supreme Court was fixed for 17.02.2015.

(Action: D/o P&PW)

(xi) S.No 11 of ATR:- Stepping up of Disability Element on the basis of Fitment Tables.

D/o Ex-Servicemen Welfare intimated that the matter is pending with CGDA. They were advised to meet the CGDA personally to expedite the case in one month.

(Action: D/o Ex-servicemen Welfare)

(xii) S.No 12 of ATR:- Income Certificate to be produced by the Family Pensioner.

Ministry of Railways have already reiterated their instructions. They were advised to display these instructions on the website. The item may therefore be closed.

(xiii) S.No 13 of ATR:- Extension Counter of CGHS Wellness Centre at Srinagar and upgradation of facilities at CGHS Wellness Centre at Jammu including construction of CGHS Hospital on the plot of land allotted by J&K Govt. at Jammu.

Various issues concerning CGHS including the above issue, were discussed by JS(P), DoP&PW in a meeting with AS& DG(CGHS). Various suggestions for providing a Centre at Srinagar had been considered in the meeting. Ministry of Health and Family Welfare informed that while there were huge resource constraints, overall CGHS reforms were being looked into by the Committee of Secretaries (CoS). Regarding upgradation of CGHS Wellness Centre at Jammu, it was informed that computers had been procured and supplied. Funds have been released and the procurement of other equipment was being processed. The work is expected to be completed shortly.

Regarding posting of an additional Doctor at the CGHS Wellness Centre at Jammu, Ministry of Health and Family Welfare was advised to explore the possibility of taking the services of a Doctor from the State Govt. on deputation.

(Action: Ministry of Health & Family Welfare)

(xiv) S.No 14 of ATR:- Delay in Family Pension to next eligible Family Member in case of death of widow.

There is no case pending in DoP&PW and no specific case was intimated by the SCOVA Members, the item may therefore be closed.

(xv) S.No 15 of ATR:- Extension of CGHS facilities to retired BSNL employees-Issue of follow up Order by the Ministry of Health and Family Welfare & fixation of rates of Contribution & Ward entitlement by DoT.

Department of Telecom informed that since the pay structure in BSNL and Central Govt. was different, the Orders of Ministry of Health and Family Welfare regarding ward entitlement on the basis of Pay Band/Grade Pay could not be made applicable in the case of BSNL retirees. Ministry of Health and Family Welfare requested Department of Telecom to suggest alternate mechanism for the retirees of BSNL. Department of Telecom was advised to send a proposal to Ministry of Health and Family Welfare in this regard in a month's time.

(Action: Ministry Health and Family Welfare, Department of Telecom)

6. Discussion on Fresh Agenda Points for the 26th SCOVA meeting:-

(26.1) Simultaneous issue of Orders for the release of Dearness Allowance and Dearness Relief

Department of Expenditure intimated that although they do not propose to issue common Order both for DA and DR, the proposal could be considered and a copy of the approved Cabinet Note may be forwarded to enable the DoP&PW to issue Orders at an early date. No separate approval of Ministry of Finance would be required thereafter for issue of DR Orders.

(Action: D/o Expenditure and DoPPW)

(26.2) Co-authorisation of Family Pension of Permanently Disabled Children/Dependent Parents and Permanently Disabled Siblings.

The Ministry of Defence were asked to proactively take up the issue and finalise the case within a week.

(Action: Ministry of Defence)

(26.3) Non-adherence of extant rules with regard to submission of Life Certificate.

Regarding complaints in respect of submission of Life Certificate, SCOVA Members were requested to give specific cases. CPAO was advised to give wide publicity to their Toll Free number so that the complaints could be lodged.

(Action:- CPAO and D/o Financial Services)

(26.4) Provision of CGHS facility for life time to Dependent Disabled/Mentally retarded children of Central Government employees/pensioners.

Ministry of Health was advised to examine the suggestion for extension of CGHS facilities to married Disabled/Mentally retarded Daughter on the analogy of continuation of family pension to such children even after marriage. Ministry of Health and Family Welfare intimated that they will examine the issue.

(Action:- Ministry of Health and Family Welfare)

Legal Matters

1. Modified parity in pension- implementation of DoP&PW OM dated 28-1-2013 from 1-1-2006.

a) OA 655/2010, with MA 3857/2014 of Principal Bench New Delhi – The case which came up for hearing on 2-3-2015 was adjourned to 9-4-2015

(b) SLP 36148-50 of 2013 Connected with Civil Appeal No. 8875-8876 of 2011 before the Supreme Court- **All SLPs dismissed on 17-3-2015.**

Extract of Order given in page-8

7. Concluding, Secretary (P) stated that the public grievance module CPENGRAMS has been streamlined and lot of improvements have come after its merger with CPGRAMS. The Website of the Department has all the latest Orders available at the click of the mouse. He urged the SCOVA Members to help the Pensioners above 80 to get their Adhaar numbers so that they could exercise the online “Jeevan Pramaan” facility which would be of immense help to them. He urged the Department of Telecom to resolve the pending issues with BSNL at an early date. Finally concluding MoS(PP) indicated that Inter Departmental communication should extend even beyond SCOVA and each Department should look at their Pensioners as their responsibility and take out time for communicating or meeting with them. The meeting ended with a vote of thanks to the Chair.

2. Grant of full pension to pre-2006 Pensioners who had retired with 20 years of qualifying service

OA 1165/2011, OA 2165/2011 and OA 247/2012 with MA 265/2015 &2353/2014, before CAT Principal Bench, New Delhi, Division Bench, came up for hearing on 9-3-2015,10-3-2015, 11-3-2015 & 12-3-2015. -- **Orders reserved**

3. BSNL

Anomaly in fixation of pay of BSNL employees who retired between 1-10-2000 and 31-7-2001 ie. within 10 months of formation of BSNL - adjourned to 21-4-2015

**Linking of Aadhaar Card Number with PPO
Capturing of Aadhaar Card No. of employers/employees in the Pay roll & Pension**

*Letter No. 12-12/2014-Comp/996-1050 dated 29.12.2014 of Gol,
Ministry of Communication & IT, Department of Posts, New Delhi*

This is regarding simplification of procedure for securing annual "Life Certificate" for the purpose of disbursement of Pension to all Pensioners by using digital medium. For this purpose, the Department of Electronics & IT, Ministry of Communications & IT, Government of India, has developed "Jeevan Pramaan-Digital Life Certificate" Portal. Hence it has been decided that Aadhaar Card numbers have to be captured in respect of all the Employers/Employees of all the Departments in the Pay Roll.

Likewise, it is mandatory for capturing Aadhaar Card No. in all the PPOs of all kinds of Pensioners. It is further intimated that the Family (Family as intimated by the Pensioners in the Service Book) Members also have to be captured.

Hence, it is requested that the desired software of HR module may kindly take care of this aspect while formulating its Master Data for HR module.

Revision of pension of pre-2006 Pensioners

O.M. No.38177-AJ09-P&PW(A)(Pt.) Dated the 5th March, 2015 of Ministry of Personnel Public Grievances and Pensions, Department of Pension and Pensioners' Welfare

The Orders for implementation of the decision taken by the Government on the recommendations of 6th CPC for revision for pension of past Pensioners were issued vide Department of Pension & Pensioners' Welfare's OM dated 1.9.2008. The provisions of Para 4.2 of this OM were clarified vide this Department's letter dated 3.10.2008.

2. The Hon'ble Central Administrative Tribunal, Principal Bench, New Delhi in its common Order dated 1.11.2011 in four petitions [OA No.655/2010, 306/2010, 507/2010 and 3079/2009] directed that the past Pensioners may be granted, w.e.f. 1.1.2006, a minimum pension with reference to the fitment table applicable for revision of Pay of Serving employees.

3. A large number of representations from pre-2006 Pensioners are being received by the Department of Pension & Pensioners' Welfare for extension of benefits similar to what had been allowed in case of OA NO.655/2010 by CAT, Principal Bench, New Delhi.

4. In this context, it is informed that four Writ Petitions were filed in the High Court of Delhi challenging the order dated 1.11.2011 of Hon'ble CAT in four OAs. These Petitions were dismissed on 29.4.2013. Subsequently, four SLPs were filed in the Hon'ble Supreme Court over a period of

time against the said Order of the Hon'ble High Court. Of the four SLPs, the one pertaining to Central Government SAG (S-29) Pensioners' Association which was first in the series of said SLPs, has since been dismissed by the Hon'ble Supreme Court on 29.7.2013. As the Review/ Curative Petition against the said Order dated 29.7.2013 also failed, the Government of India decided to comply with the Order by extending the requisite benefits to the parties involved in the said SLP. As regards the other three SLPs (Nos.36148-50/2013), Hon'ble Supreme Court in its Order dated 19.11.2013 issued notice and made the following observation:

"Learned Counsel for the Respondent submits that during the pendency of these Petitions the Respondent-writ Petitioners shall not precipitate the matter by filing contempt proceedings either before the High Court or before the Tribunal. That statement is recorded".

5. Thus the issue of revision of pension of pre-2006 Pensioners w.e.f. 1.1.2006 as covered under SLP Nos. 36148-50/2013 in the Apex Court which have been tagged with Civil Appeal No.8875-76/2011 filed by Ministry of Defence in a similar matter is subjudice.

Editors Note: SLPs 36148-50/2013 referred to in this Order were dismissed on 17.3.2015. Details in page 8.

Finally a very profound find...

Brains of Older People are slow because they know so much.

People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains, Scientists believe.

Much like a computer struggles as the hard drive gets full up, so to do, humans take longer to access information, it has been suggested. Researchers say this slowing down is not the same as cognitive decline.

The brains of Older People do not get weak. On the contrary, they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem, it is nature's way of making Older People do more exercise.

**Revision of pension of pre-2006 Pensioners - inclusion of
Non- Practicing Allowance (NPA) in revision of Pension of
retired Medical Officers**

*O.M. No.38/31111-P&PW(A)(Vol.IV) Dated the 18th February, 2015 Gol, Ministry of Personnel,
Public Grievances and Pensions, Department of Pension and P.W*

The undersigned is directed to say that in accordance with para 4.2 of this Department's OM No.38/37/08-P&PW(A) dated 1.9.2008 (as clarified vide OM dated 3.10.2008 and 14.10.2008), the revised pension of pre-2006 Pensioners shall, in no case, be lower than fifty per cent of the minimum of the Pay in the Pay Band plus the Grade Pay corresponding to the pre-revised Pay Scale from which the Pensioner had retired. In the case of HAG and above scales, this will be fifty per cent of the minimum of the revised Pay Scale. Further, in accordance with OM No.38/37/08-P&PW(A) dated 28.1.2013, the normal pension in respect of pre-2006 Pensioners/Family Pensioners as revised w.e.f. 1.1.2006 in terms of para 4.1 or para 4.2 of the aforesaid OM dated 1.9.2008 would also be further stepped up w.e.f. 24.9.2012 to 50% of the sum of minimum of Pay in the Pay Band and the Grade Pay corresponding to the pre-revised Pay Scale in which the Government servant had retired, as arrived at with reference to the fitment tables annexed to the Ministry of Finance, Department of Expenditure OM No.111/2008-IC dated 30th August, 2008. In the case of HAG and above scales, this will be 50% of the minimum of the Pay in the revised Pay Scale arrived at with reference to the fitment tables annexed to the above OM dated 30.8.2008 of Ministry of Finance (Department of Expenditure).

2. In its Judgment dated 27.11.2013 in Civil Appeal No.10640-46/2013 and other connected matters, Hon'ble Supreme Court observed that 'in accordance with Ministry of Health and Family Welfare's OM No.45012111/97-CHS.V dated 7.4.1998, NPA counts as Pay for all service benefits including retirement benefits. In implementation of the aforesaid Judgement of Hon'ble Supreme Court, Orders have been issued vide this Department's OM No.38/31111-P&PW(A)(Vol.IV) dated 14.10.2014 read with OM dated 21.10.2014 that in the case of pre-1996 retired Medical Officers, NPA @ 25% shall be added to the minimum of the revised Scale of Pay as on 1.1.1996 corresponding to the pre-

1996 Pay Scales from which the Pensioner had retired, in cases where consolidated pension/family pension was to be stepped up to 50% / 30% respectively of the minimum of revised Pay Scale in terms of OM No.45110/98-P&PW(A) dated 17.12.1998 read with OM No.45/86/97-P&PW(A) (Pt.) dated 11.5.2001.

3. In this Department's OM of even number dated 14.7.2009, it was clarified that in the case of pre-2006 Pensioners, Non-Practicing Allowance is not to be added to the minimum of the revised Pay Band+Grade Pay/revised Pay Scale in cases where consolidated pension/family pension as on 1.1.2006 is to be stepped up to 50% / 30% respectively in terms of para 4.2 of Department of Pension & Pensioners' Welfare OM No.38/37/08-P&PW(A) dated 1.9.2008 (as clarified vide OM dated 3.10.2008 and 14.10.2008).

4. In the OM No. A.450121212008-CHS.V dated 29.9.2008 of Ministry of Health & FW, it is provided that NPA will be treated as Pay for the purpose of computing Dearness Allowance, entitlement of Travelling Allowance and other allowances as well as for calculation of retirement benefits. Therefore, the ratio of the said judgement dated 27.11.2013 in CA No.10640-46/2013 would be applicable for revision of pension/family pension of pre- 2006 retired civilian Medical Officers w.e.f. 1.1.2006 also. Accordingly, the OM dated 38/37/08-P&PW(A) dated 14.7.2009 is hereby withdrawn. In the case of pre-2006 retired Medical Officers, NPA @ 25% would be required to be added to the minimum of the Pay in the revised Pay Band plus Grade Pay (or minimum of Pay in the revised Pay Scale in the case of HAG and above) as on 1.1.2006 corresponding to the pre-revised Pay Scale from which they retired, in cases where pension/family pension is to be stepped up to 50%/30% of the minimum Pay respectively.

5. Similarly, for revision of pension/family pension w.e.f. 24.9.2012 in terms of OM dated 28.1.2013, NPA @ 25% would be required to be added to

the minimum of the Pay in the revised Pay Band plus Grade Pay (or minimum of Pay in the revised Pay Scale in the case of HAG and above) corresponding to the pre-revised Pay Scale from which they retired as arrived at with reference to the fitment table annexed to the Department of Expenditure's OM dated 30.8.2008 subject to the

condition that the Basic Pay plus NPA does not exceed Rs.85,000/- .

6. This issues with the approval of Ministry of Finance, Department of Expenditure vide their J.D. No. 7211E-V/2014 dated 2.1.2015 and Ministry of Law F.No.213/Advice 'A'/2015 dated 29.1.2015.

**Modified parity in pension- implementation of DoP&PW
OM dated 28-1-2013 from 1-1-2006.**

Extract of the Order passed by the Hon'ble Supreme Court on 17-3-2015 in SLPs 36148-50 of 2013 with Civil Appeal No.8875-8876 of 2011 dismissing the SLPs & Civil Appeals, thereby paving the way for payment of arrears for the period from 1-1-2006 to 23-9-2012 to pre-2006 Pensioners/Family Pensioners, whose pension/family pension was stepped up in terms of DoP&PW O.M. dated 28-1-2013. (DoP & PW O.M. dated 28-1-2013 with the concordance table annexed to it, is extracted in Pensioners' Champion-February 2013 issue with a write up on the subject).

IN THE SUPREME COURT OF INDIA
CIVIL APPELLATE JURISDICTION

UNION OF INDIA & ORS. Appellant(s)

VERSUS

VINOD KUMAR JAIN & ORS. Respondent(s)

O R D E R

C.A.Nos.8875-76 of 2011, C.A. No.1998 of 2012, C.A.No.3564 of 2012,

C.A.No.3907 of 2012, C.A.No.4581 of 2012, C.A.No.4952 of 2012, C.A.No.4980 of 2012:

We see no reason to interfere with the orders impugned. The Civil Appeals are accordingly dismissed.

C.A.No.4599 of 2013, C.A.No.1 of 2015 :

No substantial question of law of general/public importance arises for our consideration in these Applications for leave to appeal. The prayer for leave to appeal is accordingly declined and the Applications for leave to appeal dismissed.

SLP(C) Nos.36148-36150 of 2013

SLP(C) No.16780-16782 of 2014 &

SLP(C)No.s...of 2015 (CC Nos.16903-16904):

We see no reason to interfere with the orders impugned. The Special Leave Petitions are accordingly dismissed.

Ms. Pinky Anand, learned Additional Solicitor General, however submits that in view of the nature of the controversy as also the extent of financial burden arising out of the implementation of the impugned orders, the petitioners-U.O.I. may be given reasonable time to do the needful. That prayer is not opposed by counsel opposite. We accordingly grant four months' time from today to the Petitioners to comply with the impugned orders failing which the contempt Petitions pending before the Tribunal can be revived by the concerned Petitioners and taken to their logical conclusion. All impleading and intervention Applications are also dismissed.

Dated: 17th March, 2015.

(T.S. THAKUR)

(R. BANUMATHI)

7th Central Pay Commission

The 7th CPC, in the month of February 2015, invited one Pensioners' Association and the Standing Committee of the Staff side of National Council, JCM, for interaction with it. Sri S C Maheshwari, General Secretary, Bharat Pensioners' Samaj, New Delhi, with one of the Affiliates of BPS viz., Central Government Pensioners' Association, Noida, attended the meeting with 7th CPC on 17-2-2015 and Sri Shivagopal Mishra, Secretary, Staff Side, National Council, JCM, had interaction with 7th CPC on 25-2-2015. Following is the gist of the discussions that ensued during the meetings.

1. Bharat Pensioners Samaj / meeting held on 17-2-2015

Sri S .C. Maheshwari, Secretary General, pleaded with the Pay Commission that

- There should be no cut off dates for implementation of the recommendations of the 7th CPC
- Minimum Pension should be 65% and Family Pension should be 45% of last pay drawn
- Dearness Allowance should be included in emoluments for calculation of pension
- The ratio between the minimum and maximum amounts of pension paid should be brought down
- Percentage of increase in pension should be equal to all
- Complete Parity in pension on the same lines as recommended by the 5th CPC

- Smart Cards to all Pensioners for cash less medical facilities
- Periodical revision of CGHS package rates
- Relaxation of restrictions on grant of Family Pension to Widowed/Divorced Daughters
- BSNL Pensioners should be treated as Central Government Pensioners
- Restoration of 100% of commuted portion of pension to PSU Absorbees
- Ex-servicemen status to Defence Civilian Pensioners

2. Standing Committee of the Staff side, National Council, JCM/meeting held on 25-2-15.

- The Secretary Staff Side, National Council, JCM has informed that:
- The Chairman, 7th CPC, informed his inability to take a final decision on the question of merge of D A and grant of Interim Relief, as the Government has not referred this matter to them. The Chairman stated further that:
- Staff side must take up the matter with the Government
- Government can take decision on the two issues without any report from the Pay Commission
- The Pay Commission would strive hard to submit its report to the Government within the stipulated time frame and therefore, the question of grant of Interim Relief does not arise at all.

**CGHS
Order**

CGHS Withdraws O.M. dated 25.8.2014

(O.M. No. 2-2/2014/CGHS(HQ)/PPTY/CGHS(P) dated the 13th March, 2015 of Gol, Ministry of Health & Family Welfare, Department of Health & Family Welfare

Clarification regarding issue of medicines under CGHS

With reference to the above mentioned subject, the undersigned is directed to state that the situation arising out of issue of Office Memorandum No. 2-2/2014/CGHS(HQ)/PPTY/CGHS(P) dated the 25th August, 2014 has been engaging the attention of Government for quite some time. Although the guidelines were modified subsequently vide Office Memorandum of even number dated 1.10.2014 and 23.12.2014, this Ministry is in receipt of representations seeking clarifications. The matter has been reviewed and it has now been decided to withdraw the OM of even no. dated 25.8.2014.

Pension payment through Post Office Savings Bank - difficulties being faced by P&T Pensioners

(Letter written by the Association to Sri M.S.Ramanujan, Chief Postmaster General, Karnatak, on 23-3-2015 is reproduced below)

Respected Sir,

- Sub: (1) Pension payment through Post Office Savings Bank (POSB) functioning under CBS - problems faced by P&T Pensioners
(2) Pension payment on 1-4-2015

We wish to bring to your kind notice the difficulties being faced, of late, by the P&T Pensioners who are drawing their pension through Post Office Savings Bank (POSB) functioning under CBS. We do hope that the problem gets solved soon with your kind personal intervention in the matter.

2. Several Pensioner Members of our Association have informed us that due to some technical problem with the computers at the Post Office, which they cannot fathom, pension is not being paid to them on the last working day of the month, when they go the Post Office to draw their pension, but they are asked to visit the P.O. on the next working day. Some Members have reported that on some occasions the computers remain "non-functional" for one or two days in a row, thereby depriving them of getting their pension for 3 to 4 days and forcing them to make several visits to the Post Office in a month. Old Pensioners, especially those who are of age 80+ have been facing extreme hardship due to such frequent shut downs and problems with the main Server.

3. It is understood that malfunctioning of computers is due to the recent upgradation/ change in the software "Pinnacle" which is taking much time for each transaction and that due to over load, most of the time, the server is not connected, ultimately resulting in inconvenience to Pensioners who have to wait in the queue for a longer time than usually required.

4. Hence, it is requested that a remedial action may kindly be caused to be taken immediately in the matter to ensure that the Pensioners who draw their pension through PO SB are paid their pension on their visit to the post office without being asked to visit on some other day which

causes them physical and financial hardship.

5. Another major grievance of P&T Pensioners is about the non arrangement of "special counters" in some post offices for disbursement of pension on the pension disbursement day ie. the last working day of the month, which forces them to stand in long queues before the SB counters to get their pension. Pensioners in their advanced age cannot withstand the strain caused due to waiting in long queues for hours on. In some Post Offices members of the public who draw their "Old Age Pension" on the last working day of the month also join the queue, which compounds the miseries of the P&T Pensioners, who have to jostle with them for taking payment of their pension. While Pensioners drawing their pension from many post offices face this problem, the name of Banashankari 2nd Stage P.O. is mentioned here as an example

6. While we are extremely thankful to your kind self for the arrangements existing in some Head Post Offices in which special counters are opened on pension disbursement day to cater to the need of P&T Pensioners and in a few major Sub Post Offices in which the Treasurer has been assigned the duty of disbursement of pension, we fervently request your good self to **extend this arrangement to all Pension disbursing HPOs & SOs** to facilitate P&T Pensioners to get their pension paid to them on the last working day of the month without facing difficulties now being experienced by them in some offices.

7. Since our request for opening of special counters for pension disbursement or for assigning the duty to the Treasurer in PoS having the post of a Treasurer, **is only for one day in a month ie. on the last working day of the month**, acceding to our request may not, it is

hoped, cause any dislocation of the normal functioning of the offices.

8. We request you kindly to consider our request made in the foregoing paras which would go a long way in helping the pensioners in taking payment of their pension without any hassles.

Submission regarding payment of pension on 1-4-2015

Sir, this year 1st April is followed by two holidays on 2nd & 3rd April an account of Mahavir jayanthi and Good Friday .If there were to be any problems with CBS and the server connected with CBS, disbursement of pension on 1st April,

the day on which the pension for the month March 2015 is due to be paid, would get hampered, which would result in non payment of pension on consecutive 3 days from 1st April to 3rd April,2015.Hence, we request your kind self to order payment of pension manually on 1-4-2015, in case there were to be any problem with CBS since delay in payment of pension for 3 days will cause financial hardship to Pensioners.

Thanking you Sir,

Yours faithfully,
K.B.Krishna Rao
Secretary, K P&T PA

CPAO Order on Life Certificate

Exemption from Physical Appearance for the Purpose of Life Certificate

(O.M. No. CPAO/Tech/Life Certificate/2014-15/31-72 dated 30.1.2015 of Gol, MoF, DoE, Central Pension Accounting Office, New Delhi.)

Department of Pension & Pensioners' Welfare in its agenda points for the ensuing SCOVA meeting on 3.2.2015 circulated vide their O.M. No. 42/39/2014-P&PW(G) dated 27.1.2015, has raised the issue of non-adherence of extant Rules with regard to submission of Life Certificate by Authorized Banks. It has been reported to the Department that some Bank branches are insisting on personal appearance of Pensioners for submission of Life Certificate along with PPOs.

2. Attention is invited to the amendment to the "Scheme for Payment of Pension to Central Government Civil Pensioners by Authorized Banks", issued vide Correction Slip No. 14. The Correction Slip No. 14 facilitates the Pensioners to exempt to appear physically in the Bank for the purpose of Life Certificate in November every year subject to the condition that the Life Certificate must be signed by any of the Authority specified in the Correction Slip No. 14 (copy enclosed).

3. Moreover, as a part of Prime Minister's Mission "Digital India" and with the development of software application by Dept. of Information Technology circulated as Correction Slip No. 22 to the "Scheme for Payment of Pension to Central Government Civil Pensioners by Authorized Banks", the Pensioners can prove their existence through Aadhaar based authentication of Life Certificate.

4. In the light of above, the Pension Account Holding Branches (PAHBs) of all Authorized Banks may be instructed to strictly adhere to the existing norms and do not harass the Pensioners/ Family Pensioners by insisting upon presenting themselves physically in the Bank if their Life Certificate is submitted duly signed by the Authority specified in Correction Slip No. 14 to the "Scheme for Payment of Pension to Central Government Civil Pensioners by Authorized Banks" including Aadhaar based authentication of Life Certificate.

Central Govt. Holiday

**2nd April 2015
Mahaveer Jayanthi**

**3rd April 2015
Good Friday**

New Subscribes for Pensioners' Champion

Sl.No.	Smt./ Sri
S-250	Prabhakar
S-251	V. Sujatha
S-252	V. Radhanath
S-253	K.M. Joshi
S-254	Rangadhar Rath

PENSIONERS' CHAMPION

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MARCH 2015

ಕೇಂದ್ರ ಸರ್ಕಾರಿ ನೌಕರರ, ಪಿಂಚಣಿದಾರರ, ಅಂಚೆ ಮತ್ತು ದೂರವಾಣಿ ಇಲಾಖೆಯೂ ಸೇರಿದಂತೆ
ಸಂಯುಕ್ತ ಸಂಘಗಳ ಸಂಘದ ನೇತಾರ, ಧೀಮಂತ ನಾಯಕ, ಶ್ರೀ ಎಸ್.ಕೆ. ವ್ಯಾಸ್

ಬಿಂದು ನೆನಪು

ಬಿ.ಕೆ. ಗುಂಡೂರಾವ್
ಜಂಟಿ ಕಾರ್ಯದರ್ಶಿ

ವಿದಾರು ದಶಕಗಳಿಗೂ ಅಧಿಕ ಕಾಲ ಸತತವಾಗಿ ಕಾರ್ಮಿಕ ಸಂಘಟನೆ ಅಂಚೆ ಮತ್ತು ದೂರವಾಣಿ ಇಲಾಖೆಯ ನೌಕರರ ಹಾಗೂ ಪಿಂಚಣಿದಾರರ ಸಂಘಗಳೂ ಸೇರಿದಂತೆ, ಕೇಂದ್ರ ಸರ್ಕಾರಿ ನೌಕರರ ಸಂಘಗಳ ಒಕ್ಕೂಟದ ಸಂಸ್ಥಾಪಕ, ಮಹಾ ಕಾರ್ಯದರ್ಶಿ, ಅಧ್ಯಕ್ಷ, ಶ್ರೀ ಎಸ್.ಕೆ. ವ್ಯಾಸ್. ದಿನಾಂಕ 13.2.2015 ರಂದು ಹೈದರಾಬಾದ್‌ನಲ್ಲಿ ಒಳಗಾಗಿ ಜೈಪುರದ ಆಸ್ಪತ್ರೆಯೊಂದರ ತೀವ್ರ ನಿಗಾ ಘಟಕದಲ್ಲಿದ್ದು, ಚಿಕಿತ್ಸೆ ಫಲಿಸದೆ, ಕೊನೆಯುಸಿರೆಳೆದಿದ್ದಾರೆ ಎಂಬ ಸುದ್ದಿ ಇಡೀ ದೇಶದ ಕಾರ್ಮಿಕ ಸಂಘಟನೆಗಳಿಗೆ, ಸಂಘ ಬಾಂಧವರಿಗೆ ಆಘಾತವನ್ನುಂಟು ಮಾಡಿದೆ.

ಅರ್ಥಶಾಸ್ತ್ರ, ಚರಿತ್ರೆ ಹಾಗೂ ರಾಜ್ಯಶಾಸ್ತ್ರದಲ್ಲಿ ಸ್ನಾತಕೋತ್ತರ ಪದವಿಗಳ ಜೊತೆಯಲ್ಲಿ, ಕಾನೂನು ಪದವೀಧರರೂ ಆದ ಶ್ರೀ ಎಸ್.ಕೆ. ವ್ಯಾಸ್, ಲೆಕ್ಕ ಪರಿಶೋಧನಾ ಇಲಾಖೆಯಲ್ಲಿ ನೌಕರಿಗೆ ಸೇರಿ, ಆ ಇಲಾಖೆಯ ನೌಕರರ ಸಂಘದ ಕಾರ್ಯದರ್ಶಿಯಾಗಿ, ಅಧ್ಯಕ್ಷರಾಗಿ 1989ನೇ ಇಸವಿಯವರೆಗೂ ಕಾರ್ಯನಿರ್ವಹಿಸಿದ್ದರು. ನಂತರ ಸಂಯುಕ್ತ ಸಂಘದ ಅಧ್ಯಕ್ಷರಾಗಿ 2013ನೇ ಇಸವಿಯವರೆಗೂ ಸ್ಥಾನದಲ್ಲಿದ್ದುದಲ್ಲದೆ ಸಲಹಾಕಾರರಾಗಿಯೂ ಮುಂದುವರೆದು ಕೀರ್ತಿ ಭಾಜನರಾದರು.

ಅಖಿಲ ಭಾರತ ಮಟ್ಟದಲ್ಲಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸುವ ಪಿಂಚಣಿದಾರರ ಸಂಘಗಳು ಎನ್.ಸಿ.ಸಿ.ಪಿ.ಎ., ಬಿ.ಸಿ.ಪಿ.ಸಿ. ನೇತೃತ್ವ ವಹಿಸಿ ಸಂಚಲನದಲ್ಲಿ ಯಶಸ್ವಿಯಾಗಿ ಕಾರ್ಯ ನಿರ್ವಹಿಸಿದ್ದಾರೆ.

ರಾಷ್ಟ್ರದ ಮೊದಲನೇ ವೇತನ ಆಯೋಗದ ವೇತನ ಶ್ರೇಣಿಯಲ್ಲಿ ನೌಕರಿಗೆ ಸೇರಿದ ಅವರು ಎರಡನೇ ವೇತನ ಆಯೋಗದಿಂದ ಮೊದಲೊಂದು ಏಳನೇ ವೇತನ ಆಯೋಗದ ಮುಂದೆಯೂ ಕೇಂದ್ರಸರ್ಕಾರಿ ನೌಕರರ, ಪಿಂಚಣಿದಾರರ ಬೇಡಿಕೆಗಳನ್ನು ಕೂಲಂಕುಷವಾಗಿ ಮಂಡಿಸಿ ಸಮರ್ಥವಾಗಿ ವಾದಿಸಿದ ಅವರ ಕಾರ್ಯ ತತ್ವರತೆ, ಸಾಟಿ ಇಲ್ಲದ್ದು ಎಂದರೆ ಅತಿಶಯೋಕ್ತಿಯಾಗಲಾರದು.

85 ವರ್ಷಗಳನ್ನು ಸವೆಸಿದ ಅವರ ಜೀವನದ ಇಳಿ ವಯಸ್ಸಿನಲ್ಲಿ ದೈಹಿಕ ಶ್ರಮವನ್ನು ಲೆಕ್ಕಿಸದೆ, ನಾಯಕತ್ವ

ವಹಿಸಿ, ಮುಂಚೂಣಿಯಲ್ಲಿದ್ದು ಶ್ರಮಿಸುತ್ತಿದ್ದ ಅವರು ಈಗ ಏಳನೇ ವೇತನ ಆಯೋಗದ ವರದಿಯ ನಿರೀಕ್ಷೆಯಲ್ಲಿರುವ ಈ ಸಮಯದಲ್ಲಿ ಅವರು ಇಲ್ಲದಂತಾಗಿರುವುದು, ನೌಕರರು ಮತ್ತು ಪಿಂಚಣಿದಾರರು ಅವರ ಸಲಹೆ, ಸೂಚನೆ ಹಾಗೂ ಮಾರ್ಗದರ್ಶನದಿಂದ ವಂಚಿತರಾಗಿರುವುದು ಅತ್ಯಂತ ದುರದೃಷ್ಟಕರ.



ಅತ್ಯಂತ ಸರಳ ಜೀವಿಯಾಗಿದ್ದ ಶ್ರೀ ವ್ಯಾಸ್‌ರವರು ಜನಾನುರಾಗಿಂಯಾಗಿ, ಪ್ರೀತಿ ವಿಶ್ವಾಸಗಳಿಗೆ ಮಾದರಿಯಾಗಿದ್ದರು. ಕಾರ್ಮಿಕ ನಾಯಕರ ಸರಣಿಯಲ್ಲಿ ಅತ್ಯಂತ ಗೌರವಾನ್ವಿತ ವ್ಯಕ್ತಿ ಎನಿಸಿಕೊಂಡಿದ್ದ ಅವರು ಒಳ್ಳೆಯ ವಾಗ್ಮಿಯೂ ಸಹ ಆಗಿದ್ದರು.

ನೌಕರರ ಬೇಡಿಕೆಗಳು ಮತ್ತು ಶ್ರೇಯೋಭಿವೃದ್ಧಿಯ ಬಗ್ಗೆ ಆರ್ಥಿಕ ಅಸಮಾನತೆಯನ್ನು ತೊಡೆದು ಹಾಕುವ ಬಗ್ಗೆ ಸರ್ಕಾರ ರೂಪಿಸುವ ಧೈಯ ಧೋರಣೆಗಳ ಬಗ್ಗೆ ಹೆಚ್ಚು ಮುತುವರ್ಜಿ ವಹಿಸಿ ಅಗತ್ಯವಾದರೆ ಹೋರಾಟ ನಡೆಸಿ ನ್ಯಾಯ ದೊರಕಿಸಿಕೊಡುವ ನಿಟ್ಟಿನಲ್ಲಿ ಸೆಣೆಸಿದವರಲ್ಲಿ ಅಗ್ರಮಾನ್ಯರು ಹಾಗೂ ವಚನ ಬದ್ಧತೆಗೆ ಧೃಢತೆ ಹೊಂದಿದ್ದವರು. ಅವರ ನಾಯಕತ್ವ ಹಾಗೂ ನೆಂಟನ್ನು ಹೊಂದಿದ್ದ ಕಾರ್ಮಿಕ ಸಂಘಗಳು ಮುಂಬರುವ ದಿನಗಳಲ್ಲಿ ಬಹು ನಿರೀಕ್ಷೆಗಳನ್ನಿಟ್ಟುಕೊಂಡಿರುವ ಸಮಯದಲ್ಲೇ ಅವರ ನಿಧನ ಮಾರ್ಗದರ್ಶಕರೊಬ್ಬರನ್ನು ಕಳೆದುಕೊಂಡಂತಾಗಿದೆ.

ಶ್ರೀ ವ್ಯಾಸ್‌ರವರು ಅವರ ಧರ್ಮಪತ್ನಿ, ಮಕ್ಕಳು ಹಾಗೂ ಅಪಾರ ಕಾರ್ಮಿಕ ಬಂಧುಗಳನ್ನು ಅಗಲಿದ್ದಾರೆ. ಅವರ ನಿಧನ ಭರಿಸಲಾಗದ ನಷ್ಟ, ಕಾರ್ಮಿಕ ಬಂಧುಗಳು, ಪಿಂಚಣಿದಾರರ ಸಂಘಗಳು, ಸದಸ್ಯವರ್ಗದ ಜೊತೆಗೆ ಕರ್ನಾಟಕ ಅಂಚೆ ಮತ್ತು ದೂರವಾಣಿ ಪಿಂಚಣಿದಾರರ ಸಂಘ, ಅವರ ಆತ್ಮಕ್ಕೆ ಶಾಂತಿಯನ್ನು ಕರುಣಿಸಲೆಂದು ಪ್ರಾರ್ಥಿಸಿ ಸಂತಾಪವನ್ನು ವ್ಯಕ್ತಪಡಿಸಿದೆ. ●

**CGHS
Order****Revision of rates for various treatment procedures under CGHS**

*O.M.No. F.No.S-11011/48/2014-CGHS (HEC) of Ministry of Health & Family Welfare,
Directorate General Central Govt. Health Scheme (Hospital Empanelment Cell)
dated the 18th February, 2015*

With reference to the above mentioned subject the undersigned is directed to draw attention to OM No. S.11045/36/2012-CGHS (HEC) dated 1.10.2014 whereby CGHS package rates for various treatment procedures were notified by the Government for Empanelled Hospitals under CGHS Delhi and NCR. This Directorate has been receiving representations from different stake holders regarding discrepancies in these notified rates. The matter was examined in this Directorate and now it has been decided with the approval of Competent Authority to revise the rates of following treatment procedures under CGHS.

Sl. No.	Treatment Procedure	Revised rates Non-NABH	Revised rates NABH
Gynae & Obst			
1.	RVF Repair	18975	21821
2	USG for Obstetrics - Anomalies Scan	770	886
Nephrology & Urology			
1.	Epididymectomy	15938	18750
2.	Lithotripsy Extra Corporeal shock wave	19550	22483
3.	Ureteric Catheterization	8278	10950
4.	Kidney Transplant (Related)	200000	230000
5.	Kidney Transplant unrelated including immunosuppressant therapy	300000	
General Sugery			
1.	Secondary suture of wounds	3400	4000
2.	Haemorrhoidectomy	20720	24375
3.	Stappler Haemorrhoidectomy	38000	43700
4.	Varicose vein surgery, Tendelenburg operation with suturing or ligation.	10000	11500
5.	Catheterization	425	500
6.	Fissure in Ano - Fissurectomy	13800	15870
7.	Laprosocopic Paraumblical Hernia Repair	17500	20125

Ophthalmology			
1.	Pterygium surgery	5500	
2.	Conjunctival wound repair or exploration following blunt trauma	3300	3795
Imaging Investigations			
1.	CT-orbit and brain	1600	1840
2.	Foramen magnum decompression decompression for Chari Malformation	93750	107813
Cardiology			
1.	DVR	155422	178735

Reimbursement to Beneficiaries/Empanelled Hospitals shall be limited to ceiling rate or as per actuals, whichever is lower. The other terms and conditions as regards to CGHS package rates remain unchanged.

2. The revised rates shall come into force from the date of issue and shall be in force till further Orders are applicable in all CGHS cities.

3. This issues with concurrence of Integrated Finance Division of Ministry of Health and Family Welfare vide diary no. C-2289 dated 13.2.2015.

(Dr. (Mrs.) Sharda Verma)
Director, CGHS

Heavy Breakfast, Light dinner, can regulate Blood Sugar

A high energy Breakfast combined with a low energy Dinner helps control Blood Sugar better in type 2 Diabetics, than a low energy Breakfast and a high energy Dinner, researchers revealed.

The small study included 18 individuals (8 men, 10 women), with type 2 Diabetes of less than 10 years duration, an age range 30-70 years and body mass index (BMI) 22-35 kg/m². Eight patients were treated with diet alone and 10 with diet and Metformin.

The results showed that post-meal glucose levels were 20 per cent lower and levels of Insulin, C-peptide and GLP-1 were

20 per cent higher in participants on the B diet compared with the D diet. Despite the diets containing the same total energy and same calories during lunch, lunch in the B diet resulted in lower Blood Glucose (by 21-25 percent) and higher Insulin (by 23 percent). Prof .Daniela Jakubowicz concluded that high energy intake at Breakfast is associated with significant reduction in overall post-meal glucose levels in Diabetic Patients over the entire day. The dietary adjustment may have a therapeutic advantage for the achievement of optimal metabolic control and may have the potential for being preventive for Cardiovascular and other complications of type 2 Diabetes.

Prime Ministers' Office Acknowledges Donation by the Association to 'PMNRF'

P.K. Bali,
Under Secretary,
Tele: 23013683
FAX: 23015655



प्रधान मंत्री कार्यालय
नई दिल्ली - 110011
PRIME MINISTER'S OFFICE
New Delhi - 110011

D.O. No. 82[1497]/2014-PMF

20-Feb-2015

Dear Sh. Taneja,

We acknowledge with thanks the generous contributions forwarded towards the Prime Minister's National Relief Fund.

Prime Minister appreciates this thoughtful gesture and conveys his gratitude. These valuable contributions will be of immense help in providing assistance to those affected by the recent floods in Jammu & Kashmir.

Formal receipts are enclosed.

With regards,

Yours faithfully,

SHRI CHARANJIT TANEJA,
UNDER SECRETARY,
MINISTRY OF PERSONNEL, P.G & PENSIONS,
DEPARTMENT OF PENSION & PENSIONER'S WELFARE
LOK NAYAK BHAWAN,
KHAN MARKET,
NEW DELHI - 110003.

[P.K. Bali]

PRIME MINISTER'S OFFICE

No. 82(1497/7419/2015)

NEW DELHI-110011
25-Feb-2015

CERTIFICATE

Certified that a sum of Rs. 160000.00 (ONE LAKH SIXTY THOUSAND Only) was received from KARNATAKA P & T PENSIONERS' ASSO.,165, 4TH MAIN, 3RD BLOCK, 3RD STAGE, BASAVESHWARANAGAR, BANGALORE - 560 079 as contribution towards Prime Minister's National Relief Fund [PAN : AACTP4637Q] on 12/02/2015 vide Draft No. 204373 dated 30/12/2014 drawn on STATE BANK OF INDIA,NEW DELHI and a formal Receipt No. 7419 was issued. This may be treated as duplicate receipt for availing income tax exemption under section 80(G) of this Income Tax Act. 1961.

**KARNATAKA P & T PENSIONERS' ASSO.
165, 4TH MAIN, 3RD BLOCK, 3RD
STAGE, BASAVESHWARANAGAR,
BANGALORE - 560 079**

विश्वनाथ द्विवेदी / V. N. DWIVEDI
अनुभाग अधिकारी / Section Officer
प्रधानमंत्री कार्यालय / Prime Minister's Office
नई दिल्ली / New Delhi

PENSIONERS' CHAMPION

15

MARCH 2015

State Bank Pension Loan-Salient Features

(Extract of letter dated 4.1.2015 from the State Bank of India on 'Pension Loan')

We are glad to inform that the Bank has considered representations and suggestions from various Pensioners' Associations about the Pension Loan Scheme and has revised the features of the product making the product more flexible and broad based, in terms of age, quantum of loan, repayment period etc.

2. The salient features of the revised Pension Loan Scheme are as under:-

Particulars	Age of the Pensioner		
	Up to 72 years	Above 72 years up to 74 years	Above 74 years up to 76 years
Loan Amount (Pensioner)*	Rs. 14.00 lakhs	Rs. 12.00 lakhs	Rs. 7.50 lakhs
Loan Amount (Family Pensioner)*	Rs. 5.00 lakhs	Rs. 4.50 lakhs	Rs. 2.50 lakhs
Repayment	60 months	48 months	24 months
Second Loan	Possible	Possible	Possible

*However, Loan Amount cannot be more than 18 months of pension

3. We request to advise the Members of your Association who avail pension from different branches of our Bank to contact their Home Branches for more details and avail the benefits.

We reiterate our commitment to serve Pensioners the best way always

Kotak Mahindra Old Mutual Life Insurance Limited
'Subhashri Pride'
41, 1st floor, South end Road, Next to Bharathi Nursing Home,
Basavanagudi, Bangalore-560004

Opportunity to work with Kotak Group.
Part Time/ Full Time
Salary + Allowances up to 30000/- p.m

Looking for Retired Karnataka Posts and Telecommunications Employees

Please contact: Hafeez - 9742329786

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2001=100	12 Months' Total	Monthly Ave.	% increase over 115.76
Dec. 14	253	2963	246.92	113.30
Jan. 15	254	2980	248.83	114.52

Expected D.R. w.e.f. 1-1-2015-113%

By. K.B. Krishna Rao

OBITUARY

Sri K.Vijaya Kumar, LM- 1496, retired Postal Assistant, Vellore Collectorate P.O. expired on 3-9-2014 at the age of 77 years. He leaves behind his wife, two daughters and a son

Our heartfelt condolences to the bereaved.

Subscription of Rs. 100/- received for Pensioners' Champion in Feb-March - 2015					
LM/ALM	Name (Smt./Sri)	LM/ALM	Name (Smt./Sri)	LM/ALM	Name (Smt./Sri)
599	G. Shanmugha Vadivelu	1590	B.Venkatesan	2063	S.M. Hadagalagiri
600	V.N. Nagaraj	1602	S.Sudarshan	2162	S.A.Kumbar
1362	T.G. Haridas	1758	K.Selvaraj	2183	M.Sridhar
1533	V. Shivasubramanyam	2021	V. Purushothamachar	2029	J.S. Konnur

Subscription of Rs. 120/- received for Pensioners' Champion	
LM/ALM	Name (Smt./Sri)
S-68	M.Chokalingam
S-210	Narayanappa
S-213	B.B.Jamakhandi

Subscription of Rs. 240/- received for Pensioners' Champion	
LM/ALM	Name (Smt./Sri)
S-167	V.G.Patwardan

Subscription of Rs. 300/- received for Pensioners' Champion	
LM/ALM	Name (Smt./Sri)
279	B.K.Srinivasa Murthy
1288	B.S.Sethuram
1321	V.N.Shivakumar
1645	B.V.Balasubramanya
1953	C.Ranjani
1981	H.A.Bharathi
2121	R.Jayaraman

Subscription of Rs. 200/- received for Pensioners' Champion	
LM/ALM	Name (Smt./Sri)
1299	M.V.Damodara Acharya
1366	R.A.Rangaswamy
1635	M.Balakrishnan
1715	C.V.Sundar Raju
2081	A.R.Pahlada Rao
2133	D.M.R.Panthalu

Subscription of Rs. 500/- received for Pensioners' Champion	
LM/ALM	Name (Smt./Sri)
1221	B.S.R. Murthy

Subscription of Rs. 1000/- received for Pensioners' Champion	
LM/ALM	Name (Smt./Sri)
957	A. Sathyanarayana

Donations Received		
LM/ALM	Name (Smt./Sri)	Rs/-
48	S.M.Vittala Rao	10001
1763	A.Balasaraswathi (Building Fund)	1000
2166	R.Thanikachallam	150

Newly Enrolled Members

Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1 B.R.Kasthuri	Chief Section Supervisor, O/O GM Telecom, Mysuru	LM 2252
2 R.K.Sharma	Section Officer, O/o Director of Audit, CWM, Delhi	LM 2253
3 Sanjeev Rao.j.Patta	Senior Librarian, CPRI, Bangalore	ALM 2254
4. T.V. Parthasarathi	Sr.Accounts Officer, AG's Office, Bangalore	ALM 2255
5 Sheila.P.Tolani	Selection Grade Lecturer, College of Pharmacy, N.Delhi	ALM 2256
6 K.Mahananda Reddy	Asst.Commissioner, Spl.Bureau Govt. of India, Mumbai	ALM 2257
7 P.Siddappaji	Telephone Mechanic, O/o GMT, BSNL, Mandya	LM 2258

LM: Life Member

ALM: Associate Life Member

CGHS Wellness Centres Working Hours Revised Again

(Gol, Ministry of Health & Family Welfare, Department of Health & Family Welfare, O.M.

No. S.11030/55/2012-CGHS(P) dated 24-3-2015)

Subject: Revised Timings for CGHS Wellness Centres

The undersigned is directed to refer to the OM of even no. dated 26th March, 2013 vide which the revised timings of 8.00 AM to 3.00 PM in the CGHS Wellness Centres were enforced w.e.f. 1st April, 2013. This Ministry has received representations from Association of Doctors of CGHS (All India G.D.M.O. Association) and other sections of CGHS Beneficiaries for change in duty hours/ timings of the Wellness Centres. In this regard, after due consideration, it has been decided to further revise the timings of CGHS Wellness Centres from the current timings of 8.00 AM to 3.00 PM to the revised timings of 7.30 AM to 2.00 PM as per the following details :1. The CGHS Wellness Centres will be functional from 7.30 AM to 2.00 PM without a lunch break, on a trial basis for three months w.e.f. 1st April, 2015.

2. The CGHS Wellness Centres in New Delhi which are currently functional for 24 hours, will continue to function as usual in shifts.

3. The new timings will be applicable to all CGHS Wellness Centres in all CGHS Cities across the Country

4. The new timings would also apply to the AYUSH Dispensaries / Units under CGHS all over the Country.

The new timings for CGHS Wellness Centres will be effective from 1st April, 2015 on a trial basis for three months. Further decision in the matter will be taken after considering feedback to this change.

These issues with the approval of Minister of Health and Family Welfare.

[Bindu Tewari]
Director CGHS(P)

**Fresh empanelment of Hospitals,
Diagnostic/Imaging Centres,
Exclusive Eye & Dental Clinics under
CGHS, Bangalore**

(Additional Director, CGHS, Bangalore, O.M.
No.19-3/2014/ADMIN (129)/1240 dated 25-03-2015)

Newly Empanelled Private Hospitals under CGHS, Bangalore

1. Mallya Hospital, Bangalore-560001
Ph: 08022277979
2. Narayana Hrudayalaya, Hosur Road,
Bangalore-560099. Ph:08071222222
3. Sagar Hospital, Banashankari, Bangalore-
560078. Ph:08042999999
4. Sagar Hospital, Jayanagar, Bangalore-
560041.Ph:08042888550
5. Vydehi Institute of Medical Science &
Research Centre, Whitefield , Bangalore-
560066. Ph:0802841381
6. Sri Shankara cancer Hospital & Research
Centre. Shankarapuram, Bangalore-
560004. Ph:08026981065
7. Trinity Hospital & Heart Foundation,
Basavnagudi, Bangalore-560004.
Ph:08040136999
8. KIMS Hospital & Research Centre,
V V Puram, Bangalore-560004.
Ph:08026624870

Exclusive Eye Centres Bangalore

1. Bangalore Nethralaya, BSK 2nd Stage,
Bangalore-560070. Ph: 08065375566
2. Samprathi Eye Hospital & Squint Centre,
K P West Extn, Bangalore-560020.
Ph:08023367544
3. Nelvigi Eye Hospital & surgical Centre,
Bellandur Circle, Bangalore-560103.
Ph:08065756600
4. Retina Institute of Karnataka,
Chamarajpet, Bangalore-560018.
Ph:0802410106
5. Aditya Netralaya, Banashankari 3rd Stage,
Bangalore-560085. Ph:08026695392

Exclusive Dental Clinics, Bangalore

1. Dental Health Clinic, Koramangala
5th Block, Bangalore-560095.

Fresh empanelment of Hospitals, Diagnostic/Imaging Centers, Exclusive Eye & Dental Clinics under CGHS Bangalore, through Continuous Empanelment.			
<i>(O.M. No 19-3/2014/Admn(129)/704 dated 20.2.2015 of Additional Director, CGHS, Bangalore.</i>			
Sl.No.	Name of the Hospital	Address and telephone No.	NABH/ Non NABH
1	Medi Hope Super Speciality Hospitals & Research Center Pvt., Ltd.	# 114/1, Malleshpalya Main Road, New Thippasandra Post, Bangalore-560075, Karnataka India. Ph: 080-67611111	Non NABH
2	Abhishek Nethradhama	# HIG 2024, 3rd Cross, 'B' Sector, Opposite to National Public School, ICICI Bank Road, Near SBI, Yelahanka New Town, Bengaluru-64 Ph: 080-40933219, 7795715203, 7204446073	Non NABH
3	Nethradhama Super Speciality Eye Hospital, Rajajinagar	# 607 / 77, 1st Main, Dr. Rajkumar Road, 2nd Block, Rajajinagar, Bangalore-21 Ph: 080-43334111, 99728 53918	Non NABH
4	Nethradhama Super Speciality Eye Hospital, Indiranagar	# 66, Double Road, HAL 2nd Stage, Indiranagar, Bangalore-38 Ph: 080-43332555, 8197350609	Non NABH
			Facilities Empaneled for
			Anesthesiology & Intensive Care Unit, Accident & Emergency Department, Cardiology, Cardio Thoracic Surgery, Cosmetic Surgery, Dentistry and Orthodontics, Dermatology, ENT, Endocrinology, Eye, General Medicine, Gastroenterology, Laparoscopic and Bariatric Surgery, Minimal Access Surgery, Neurology and Neurosurgery & Spine Center, Nephrology, Orthopedics, Obstetrics & Gynecology, Oncology, Pediatrics and Neonatology, Psychiatry, Physiotherapy, Pulmonology, Plastic Surgery, Rheumatology, Urology.
			Comprehensive Eye Care services except Retinal Surgeries
			Comprehensive Eye Care services
			Comprehensive Eye Care services

CGHS Ward Entitlement & Monetary ceiling for direct consultation with Specialists from time to time

Up to 31-3-2004

Ward Entitlement

Pay Up to Rs. 7,500	General Ward
Rs.7,501 to 10,500	Semi private Ward
Rs. 10,501 to 13,499	Private Ward
Rs.13,500 & above	Deluxe Ward

Monetary ceiling for direct consultation with Specialists - Rs. 12,000 & above

From 1-4-2004 consequent upon merger of 50% of DA with Pay / DR with Pension

Ward Entitlement

Pay up to Rs.11,250	General Ward
Rs.11,251 to 15,750	Semi Private Ward
Rs.15751 onwards	Private Ward

For the existing CGHS card holders both serving and pensioners, there will be no change in their ward entitlements consequent upon the grant of DP / DR wef 1-4-2004

Monetary ceiling for direct consultation with Specialists Rs. 18,000 & above

From 1-6-2009 after implementation of 6th CPC recommendations

Ward Entitlement

Pay in Pay Band

Upto Rs.13,950	General Ward
Rs. 13,960 to Rs. 19,530	Semi Private Ward
Rs. 19,540 & above	Private Ward

Note 1. Pay in Pay Band (does not include Grade Pay) : Pay in Pay Band that he/she would have drawn in the post held by him/her (at the time of his/her retirement /death) had he/she continued to be in service now but for his/her retirement /death

Note 2. Entitlement of Pensioners / Family Pensioners who have already deposited their contribution for life time CGHS facility, will not be changed

Monetary ceiling for direct consultation with Specialists Rs. 33,480

Regd. Journal

If undelivered, please return to:

Karnataka Posts and Telecommunications Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar, Bengaluru-560 079.

To

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